

# The First Night Box

We recommend you pack a “first night” box with items you’ll need for basic unpacking, cleaning, eating and hygiene.

## Home Cleaning and Maintenance

Before you start settle into your new space, you may want to do some cleaning and maintenance. Pack a basic cleaning kit including rags, surface cleaners, bleach, dish soap, gloves and trash bags to give your home a quick scrub down.

Sponge	Light Bulbs
Paper Towels	Hammer
Dish Towels	Screw Driver
Dishcloth	Pliers
Scouring Pads	Nails and Screws
Detergent	Trash Bags

## Food and Drink

Pack protein-rich snacks like jerky or almonds along with plenty of cold water to keep everyone hydrated during the move. Then plan for a hearty first night’s meal that won’t need a lot of preparation.

Jerky, Granola or Energy Bars	Paper Plates, Cups, Napkins
Single Serve Snacks	Plastic Cutlery
Soup and Sandwiches	Small Saucepan
Bottled Water	Serving Spoons

## Hygiene Basics

You’ll need more than toothpaste, soap and shampoo to be comfortable after a long day of moving. The toiletries are indispensable, but clean bed linens, towels and toilet paper should be set aside for your first night as well.

Towels and Face Cloths	Hand Sanitizer
Toilet Tissue	Lotion
Facial Tissue	Deodorant
Shampoo and Soap	Toothbrush & Paste

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